

Getting to our office

Accessibility

- From the 417 Queensway, exit at Parkdale
- North on Parkdale
- East onto Wellington Street
- Our building is bordered by McCormick and Carruthers St.
- Side Street Parking, Available, maximum 3 hour
- OC Transpo Bus Route #2
- Limited transportation spots are available through OWCS. Please call to inquire.



1137 Wellington Street



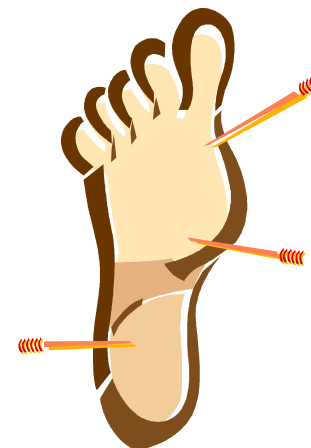
Ottawa West Community Support

1137 Wellington Street
Ottawa, ON
K1Y 2Y8

Phone: 613-728-6016
info@owcs.ca
www.owcs.ca

FOOT CARE

Ottawa West Community Support (OWCS)



1137 Wellington Street
Ottawa, ON K1Y 2Y8
613-728-6016
WWW.OWCS.CA

FOOT CARE GUIDELINES

- *Foot Care is offered to seniors and disabled adults.*
- *Clinics are held on Wednesdays and some Thursdays (please contact the office for more information)*
- *The fee is \$15.00 per visit. (Please ask us about any current promotions)*
- *Appointments are booked every 8 weeks, however, if required, can be scheduled every 6 weeks. Each client rotates automatically to the next clinic date. If an appointment is missed or cancelled, the client will be placed on a waiting list and added to the next available clinic date.*
- *The initial appointment may take 20-30 minutes. Follow up visits will take approximately 20 minutes.*
- *Please do not soak your feet prior to attending the clinic.*

Services

Nursing Foot Care

Assessment

- Circulation
- Diabetes Assessment
- Skin, Nails
- Bony deformities
- Foot Wear

Care

- Cut Nails
- File Nails
- Corn Care
- Callous Care
- Padding



This program is open to
seniors and disabled persons
city-wide.

OTTAWA WEST COMMUNITY SUPPORT

- *Is a non-profit Community Support Agency and a registered charity*
- *Has provided services in the West End since 1979*
- *Has a volunteer Board of Directors, that includes representatives from west-end churches*
- *Believes in the inherent dignity and value of each person*
- *Is committed to providing individualized services*

*Let a registered
nurse, specializing
in Foot Care
tend to your toes!*