



# CHATS

Community & Home  
Assistance to Seniors

## Fact Sheet

### Adult Day Program – Bradford

#### Integrated Program: Frail, Mild Cognitive Impaired and Moderate Cognitive Impaired Seniors

- Service:** A community-based program geared to seniors with a mild to moderate cognitive impairment/dementia/memory loss (without responsive behaviours) and also for seniors who are physically frail and could benefit from some personal support and supervision. Provides a renewed sense of independence, belonging and productivity for the client, and respite for the caregiver. Offered in partnership with the Alzheimer Society of York Region and Greater Simcoe County.
- Eligibility:**
1. Referred by CCAC
  2. Client must be aged 55 or older, and reside in either York Region or South Simcoe
  3. Client must live at within community setting and benefit from supervision during the day
  4. Client would benefit from wellness and preventative health programming geared to frail seniors and/or seniors with a cognitive impairment, Alzheimer Disease and/or related dementia
  5. Client could use assistance with activities of daily living, such as meal assistance, toileting and transfers to a maximum of a one person staff assist
  6. Client may have a caregiver who requires respite
  7. Client would benefit from a friendly, interactive, stimulating social program
  8. Clients must self-administer medication (with staff assistance) and participate in a recognized medication compliance system (pre-poured system – e.g. blister package)
- Availability:** Program runs Mondays to Wednesdays, from 9:30 a.m. to 3:00 p.m.
- Transportation:** Family members are encouraged to drive clients to and from the program. If absolutely required by client, CHATS will provide a transportation service with Adult Day Program to and from the program on a first come, first serve basis. Vehicles are not wheelchair accessible.
- Program:** A multi-disciplinary team consisting of Program Supervisor, two Recreation Programmers, two Personal Support Workers, trained volunteers and gerontology/activation students. A full range of facilitated activities including physical, social, intellectual, cultural and research-based exercises for the mind are offered on a daily basis. A medication management program is an integral part of program offered with the support of a designated CHATS nurse and partnership with a community pharmacy.
- Cost:** Program fee – subsidized rate based on client's income. Transportation cost is extra.
- Contact:** Adult Day Program Supervisor, 905-713-3373 ext. 6220

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