



CHATS
Community & Home
Assistance to Seniors

Fact Sheet

Adult Day Program - Aurora

Integrated Program: Frail, Mild Cognitive Impaired and Moderate Cognitive Impaired Seniors

- Service:** A community-based program geared to seniors with a mild to moderate cognitive impairment/dementia/memory loss (without responsive behaviours) and also for seniors who are physically frail and could benefit from some personal support and supervision. Provides a renewed sense of independence, belonging and productivity for the client, and respite for the caregiver.
- Eligibility:**
1. Referred by CCAC
 2. Clients must be 55 years of age or older and resident of York Region
 3. Clients must agree to an initial RAI CHA evidence based assessment to determine care needs and develop a care plan and mutual goals and reassessment annually thereafter
 4. Clients must live at home in York Region and benefit from supervision during the day
 5. Clients may require minimal assistance with activities of daily living (e.g. meal assistance, toileting and transfers - maximum one person transfer)
 6. Clients may have a caregiver who requires respite
 7. Clients who would benefit from a friendly, interactive, stimulating social program
 8. Clients must self-administer medication (with staff assistance) and participate in a recognized medication compliance system (pre-poured system – e.g. blister package)
- Availability:** Monday to Friday from 9:30 a.m. to 3:00 p.m.
- Transportation:** Families are encouraged to drop off and pick up clients or to make use of York Region Mobility Transportation services.
- Activities/Supervision:** A multi-disciplinary staff consisting of: Program Supervisor, 2 Recreation Programmers, 2 Personal Support Workers, trained Volunteers and gerontology/activation students. Full range of supervised, tailored activities to enhance physical function, social interactions and culturally sensitive activities.
- Cost:** Program fee - subsidized services may be available, based on the client income.
- Contact:** Adult Day Program Supervisor, 905-713-3373 ext. 6034

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