## Société Alzheimer Society



## Peer Support group for Families and Care Givers 2019-2020

September 2019	Understanding dementia
October 2019	A moment in the shoes of the PLWD
November 2019	Lawyer/Accountant
December 2019	Honouring the PLWD
January 2020	Expand your Circle of Support with Pharmacy Care
February 2020	Guilt and Stress –how to adapt
March 2020	Symptom management
April 2020	Planning Ahead "Community Support Services"
May 2020	Communication Strategies
June 2020	Caregiver Re-charge

For more information, please contact: Josée Desrochers 613-932-4914 ext. 202 or alzheimeredcoord@one-mail.on.ca