



Dear Colleague,

We are excited to provide you with information about the **Waterloo-Wellington Regional Aphasia Program** as part of the Integrated Care Pathway for Stroke. In cooperation with Adult Day Programs, this program offers conversation groups once a week at the following locations:

Day of Week	Location	Time
Monday AM	Guelph - St. Joseph's Health Centre (100 Westmount Rd.)	9:30-11:00 a.m.
Monday PM	Waterloo – Adult Recreation Centre (185 King St. South)	2:00-4:00 p.m.
Tuesday AM	Guelph - St. Joseph's Health Centre (100 Westmount Rd.)	9:30-11:30 a.m.
Tuesday PM	Kitchener – KW Seniors Day Program (247 Franklin St. North)	2:30-4:30 p.m.
	Mount Forest – Family Health Team (525 Dublin St.)	2:00-4:00 p.m.
Wednesday AM	Elmira – Community Care Concepts (120 Barnswallow Dr.)	9:30-11:30 a.m.
	Fergus - St. Joseph's (234 St. Patrick St. E-Lower Level)	10:00-12:00 p.m.
Wednesday PM	Cambridge – William E. Pautler Centre (1145 Concession Rd.)	2:00-4:00 p.m.
	Waterloo – Adult Recreation Centre (185 King St. South)	2:00-4:00 p.m.
Thursday AM	Cambridge – Allan Reuter Centre (507 King St. East)	9:30-11:30 a.m.
	Kitchener – Traverse Opportunity Centre (450 Westheights Dr., Unit 18A)	9:30-11:30 a.m.
Thursday PM	Guelph - St. Joseph's Outreach (69 Huron St.)	2:00-4:00 p.m.
	Kitchener – KW Seniors Day Program (247 Franklin St. North)	2:30-4:30 p.m.
Friday AM	Cambridge – William E. Pautler Centre (1145 Concession Rd.)	9:30-11:30 a.m.

The goal of the program is to allow people with aphasia the means to actively engage and participate in conversation using specific communication strategies. The group sessions are facilitated by a combination of Speech-Language Pathologist & Communication Disorders Assistant with support from trained volunteers.

A typical session may include:

- Sharing life stories & events
- Discussing current topics & expressing opinions
- Role-playing everyday communication scenarios to develop conversational skills of listening & reading comprehension, as well as conveying messages through a variety of modes including speech, gesture, facial expression, writing & drawing
- Supporting one another to participate & gain confidence in communicating

The Aphasia Program also strives to provide education & support to caregivers.

The Aphasia Program is intended for people who:

- ✓ Have aphasia & live in the WW community (Kitchener, Waterloo, Cambridge, Guelph, Centre/North Wellington)
- ✓ Have completed or nearly completed their inpatient or outpatient course of SLP therapy
- ✓ Have aphasia as a result of a stroke or brain injury
- ✓ Have aphasia that is likely to remain the same or improve
- ✓ Are able to participate in groups and maintain attention for longer periods of time

Please Note: This program does not offer individual speech-language therapy. This program is not available to residents in long term care facilities.

Referrals: Complete and fax the enclosed referral form to (519) 767-3437. Any additional history, SLP reports, or information you can provide would be helpful. A referral can also be made using Easy Coordinated Access (ECA) under the Rehab or Community Support Services sections [Easy Coordinated Access](#) or Health Partner Gateway (HPG) [HPG - Health Partner Gateway](#).

For more information contact:

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