



connect

with a senior



A community volunteer opportunity

embrace your Independence

To become a volunteer, call

416.743.3892

ext. 277

*We connect today's over 55's
to services and programs that
help elder seniors to live more
independently in their community*

It's time to give back!



CANES

▶ Why volunteer at CANES?

Volunteers are caring, understanding and reliable people who want to help make a difference in their community. Whether for personal experience, or you just want to give back, this is a fulfilling program that can help you manage your volunteer time with our seniors.

▶ Who can be a volunteer?

Whether you are a recent retiree or you are a student looking for a positive experience to gain your volunteer hours, we welcome all ages to apply.

▶ How to apply?

Interested applicants should call the CANES office to speak to the Volunteer Coordinator at 416-743-3892 ext. 277. To email about volunteer opportunities at CANES: canes@canes.on.ca

Applicants will be asked about their reasons for volunteering, past experiences, skills, and interests they bring to the volunteer role. CANES appreciates that many people from many backgrounds have valuable skills to offer.

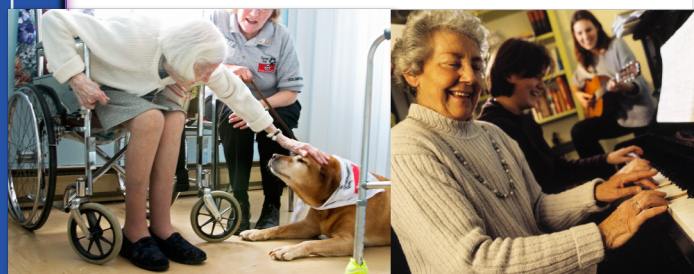
▶ Becoming a volunteer:

Volunteers will be assigned based on the needs of the organization and the volunteer. We will create an Agreement for the Volunteer and will provide them with the information on requirements for the assigned role.

▶ Volunteer Roles that may be available:

**Friendly Visiting/Walking
Recreation Volunteer
Special Skills Mentor**
(computer, arts/crafts etc)

**Congregate Dining
Office Administration
Entertainment Volunteer**



Our Care Services

- | | |
|---|--|
| <input type="checkbox"/> Assisted Living | <input type="checkbox"/> Caregiver Counselling |
| <input type="checkbox"/> Home Maintenance | <input type="checkbox"/> Home at Last |
| <input type="checkbox"/> Treat at Home | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Homemaking | <input type="checkbox"/> Seniors' Luncheons |
| <input type="checkbox"/> Respite Care | <input type="checkbox"/> Friendly Visiting |
| <input type="checkbox"/> Personal Care | <input type="checkbox"/> Newcomer Elderly Outreach |



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