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Caregiver Support and Counselling

Providing support for family members and/or others
caring for a senior or an adult with a disability

To request this service, call

416.743.3892

ext. 243

***This service is absolutely
FREE!***

This service is for family members and/or
others caring for a senior or an adult with a
disability. Our counselor provides individual
support, advocacy and resources, assisting
with a variety of social and emotional issues.



embrace your independence

CANES

▶ How it works

- The monthly Caregiver Support Group provides a non-judgmental atmosphere for sharing and problem solving, led by the counselor.
- One-on-one therapeutic counselling and case management services provided to isolated and vulnerable at-risk seniors, both short and long term.

▶ How is this service provided?

- Our Counselor meets with the client either in their home or designated area. After initial contact, our counselor may provide short-term or long-term supports, depending on the needs of the client.
- Any senior or adult with a physical disability living in the Etobicoke, Malton and Brampton areas.

▶ Who can use this service?

- Any person who provides care for a senior or an adult with a disability or any isolated seniors requiring advocacy, counselling or assistance with daily living. We serve the areas of Etobicoke from Lakeshore to Steeles Ave.

416.743.3892
ext. 243

**To take part in our caregiver support
group or to arrange a home visit,
give us a call.**

Our Care Services

- | | |
|--------------------|-----------------------------|
| ■ Assisted Living | ■ Caregiver Counselling |
| ■ Home Maintenance | ■ Home at Last |
| ■ Treat at Home | □ Transportation |
| ■ Homemaking | ■ Seniors' Luncheons |
| ■ Respite Care | ■ Friendly Visiting |
| ■ Personal Care | ■ Newcomer Elderly Outreach |



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