

The OWCS Grocery Shopping Bus serves the area bordered by the following streets:

- East—Preston Street
- West—Woodroffe Ave
- South—Baseline Rd
- North—Ottawa River

Ask us about our full range of Community Support Services!



1137 Wellington Street

## Ottawa West Community Support

1137 Wellington Street Ottawa, ON K1Y 2Y8 Phone: 613-728-6016 info@owcs.ca www.owcs.ca



Ottawa West Community Support (OWCS)





## SHOPPING BUS INFORMATION

- Grocery Shopping at Loblaw's on Tuesday and Wednesday
- Personal Shopping at Carlingwood Mall, 1st Monday of the Month
- An extra Shopping Bus once per month to a different location!
- The OWCS Van starts at 9am and clients are dropped off to shop for 1 to 1 1/2 hours. A volunteer is available to provide assistance while shopping.
- Once groceries are checked through the case no further handling by the client is required. Upon arriving back home they will be brought directly into your home.

## Would you like...

- Someone to drive you to do your grocery shopping on a regular basis?
- Someone to assist you in the store?
- Someone to help you carry your groceries up to your apartment or into your house?
- A fun social outing?
  Cost \$5.00 (round trip)





Our Shopping Bus Team!

## OTTAWA WEST COMMUNITY SUPPORT

- Is a non-profit Community Support Agency and a registered charity
- Is committed to assisting those who need long-term care
- Has a volunteer Board of Directors, that includes representatives from west-end churches
- Believes in the inherent dignity and value of each person
- Is committed to providing individualized services

Let our team take the stress out of shopping!