

Carleton Lodge Dementia Adult Day Program



**Where new friendships
are made.**

**Dementia Adult Day
Program Information
Please contact:**

Sylvia Nicol
Adult Day Program Coordinator
55 Lodge Road
Ottawa ON K2C 3H1
Tel: 613-580-2424 x 36120
Fax: 613-825-0245
Email: sylvia.nicol@ottawa.ca



MISSION

The Carleton Lodge Dementia Adult Day program will assist those living with dementia, enjoy a safe secure environment to socialize and participate in meaningful activities. The program will also provide much need respite for caregivers. Thus improving the quality of life for both individuals.

GOALS OF THE PROGRAM

The program will provide respite in partnership with clients, families, and caregivers from the community.

Assist the caregivers understand and develop coping strategies to deal with their loved ones' physical and / or cognitive ailments while maintaining dignity.

Provide opportunities for clients to participate in exercise and activities that are person centered to meet individual needs.

AVAILABLE SERVICES

- * Social and Recreational Activities
- * Physical Fitness Groups
- * Spiritual Services
- * Outings in the Community
- * Dental Cleanings (\$)
- * Haircare (Barber & Hairdresser)(\$)
- * Foot care (\$)

(\$) = additional fees apply / appointment required

AVAILABLE SERVICES (CON'T.)

- * The Carleton Lodge Dementia Day program has links to local community organizations such as Home Support Agencies, LHIN, the Dementia Society and other agencies.
- * Nutritious lunch, dinner and snacks.
- * Clients and caregivers are provided support through this outreach program.

TRANSPORTATION

Transportation services are available. Please contact Sylvia to arrange.

PROGRAM SCHEDULE

This program runs Monday 9:30 a.m. – 3:00 p.m., Tuesday 9:30 a.m. – 7:30 p.m., every other Wednesday 9:30 a.m. – 3:00 p.m., Thursday 9:30 a.m. – 7:30 p.m., Friday, 9:30 a.m. to 3:00 p.m., and every Saturday 9:30 a.m. – 3:00 p.m.

Closed on statutory holidays.

PROGRAM FEES

There is a fee of \$19.50 for each unit (5.5 hrs) of attendance with a one-time charge of \$5.00 upon registration. Referrals to our program are made by the Champlain LHIN Care Coordinator.

Revised: November 2018