

Adult Day Program



**Where new Friendships
are made**

Carleton Lodge Adult Day Program

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MISSION

The Carleton Lodge Adult Day program has been set in place to maintain the frail elderly and cognitively impaired adult in the community and when appropriate, assist in the transformation from independent living to institutional care.

GOALS OF THE PROGRAM

- * To provide respite for clients, families, and caregivers from the community.
- * Assist the caregivers to understand and develop coping strategies to deal with their loved ones' physical and / or cognitive ailments.
- * Provide clients with a safe and supervised environment.
- * Provide opportunities for clients to participate in meaningful activities.

AVAILABLE SERVICES

- * Social and Recreational Activities
- * Physical Fitness Groups
- * Spiritual Services
- * Outings in the Community

AVAILABLE SERVICES (CONT.)

- * Nutritious lunch and snacks.
- * Clients and caregivers are provided support through this outreach program.
- * The Carleton Lodge Day program has links to local community organizations such as Home Support Agencies, LHIN, the Alzheimer's Society and other agencies.

PROGRAM SCHEDULE

This program runs from Monday to Friday, 9:30 a.m. to 3:00 p.m.

Closed on statutory holidays and the week between Christmas and New Years.

PROGRAM FEES

There is a fee of \$19.50 for each day of attendance with a one-time charge of \$5.00 upon registration. Referrals to our program are made by CCAC.

Revised: April 2018