



CHATS

Community & Home
Assistance to Seniors

Fact Sheet

Italian Seniors Outreach

- Service:** CHATS Italian Lunch Out program promotes well-being through a holistic approach to wellness. Clients have an opportunity to socially interact, celebrate cultural events and bond, receive information on health, exercise, and enjoy a nutritious and culturally appropriate meal. Transportation may be arranged and provided by volunteers.
- Eligibility:**
1. Seniors 55 years and older who are able to understand and speak Italian and who are in need of social interaction.
 2. Residents of York Region or South Simcoe.
 3. Seniors living in the community. Residents of Long Term Care Facilities (LTCF) will not be eligible for the program with exception of pre-existing clients who may be eligible for the program to support transitioning into the LTCF if the home is located within the existing community.
 4. Seniors who would benefit from nutritional support and social interaction in a group setting.
 5. Seniors who are able to independently tend to their personal needs (e.g. self-toileting).
 6. Seniors who do not exhibit wandering behaviour.
 7. Seniors who are mentally and physically stable.
 8. Seniors who are able to function at socially acceptable levels.
 9. Seniors who use canes or walkers are eligible.
 10. Social and Congregate Dining volunteers are not trained in the use of wheelchairs. Seniors using wheelchairs will be accepted if they are able to be independent with self-care and do not require CHATS transportation. If seniors are not independent in their activities of daily living, they must be accompanied by a Personal Support Worker (PSW) or caregiver who will be responsible for transportation to the program and for providing on-going assistance for the client.
- Service Limitations:**
1. Seniors with mental and/or physical impairments are individually assessed to determine their eligibility.
 2. Seniors who have been diagnosed with Alzheimer's or other form of dementia are not eligible.
 3. It is possible that the client may be admitted to a waitlist due to lack of appropriate volunteer or a lack of program space.

240 Edward St., Suite 1 - Aurora, Ontario - L4G 3S9
www.chats.on.ca seniorshelp@chats.on.ca

Phone: (905) 713-6596 or 1-877-452-4287
Fax: (905) 713-1705 or 1-877-613-6111

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Availability: It is possible that the client will be admitted to a waitlist due to lack of appropriate volunteers and limited space

Cost: Range from \$5.00- \$20.00 per event

Locations:

**Woodbridge – St Peters Church,
100 Bainbridge**

Held on the first and third Thursday of the month. Cost \$5.00

**Woodbridge – Chancellor Community
Centre, 350 Ansley Grove**

Held on the second and fourth Thursday of the month. Cost \$7.00.

**Woodbridge – Pine York Seniors Club,
7700 Highway 7, Unit 8.**

Held on the first Tuesday of the month. Cost \$5.00.

Maple – Maple Lions Club, 8 Merino Road

Held on the third Tuesday of the month. Cost \$7.00

Contact: Outreach Coordinator at extension 7040

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