

You are not alone.
If you are living with a terminal illness, caring for someone or grieving, we can help.

What is Hospice Palliative Care?

- An approach to care that aims to relieve suffering and improve the quality of living and dying.
- Supporting the physical, mental, social, and spiritual needs of the terminally ill and their family.
- Providing bereavement support to cope with loss and grief.

Our Program

We provide Hospice Palliative Care to people living with a terminal illness and their family.

Our Program has two main services that can be used at different points throughout the illness:

- Visiting Volunteer Services
- Hospice Suite Services

Our Services

Visiting Volunteer Services

If you or your loved one has been diagnosed with a terminal illness, you may be referred to this service.

Whether you are living at home, in Long Term Care, or in the Hospice Suite you may receive volunteer support. This can include:

- **Respite Care:** A friendly visit that provides caregivers with time to rest or do essential errands. This can be a quiet visit, reading a book, playing cards, watching a movie, painting, etc. depending on the client's needs and interests.
- **Spiritual Support:** Opportunity to discuss or explore spiritual questions, prayer, etc.
- **Music Therapy:** Time to enjoy live or recorded music with a volunteer.
- **Pet Therapy:** Visits with a registered pet to provide comfort and joy.
- **Bereavement Support:** A peer to listen to your thoughts, wishes, unresolved conflicts.

For more information on eligibility or referral, please contact the **Community Support and Hospice Coordinator at 705-356-2265 ext. 2454.**

Hospice Suite Services

When being at home is no longer possible, you may be referred to the Hospice Suite for 24-hour end of life care.

The Hospice Suite is located in the Blind River Site's Acute Care Department. It is a private room designed to provide you with the comfort of home; a connecting suite for your family has a kitchenette, dining and living area.

Admission Criteria

- Living with a progressive terminal illness and no longer receiving active treatment.
- Life expectancy less than 3 months.
- Assessed with a Palliative Performance Scale (PPS) of 40% or less.
- Have a signed Do Not Resuscitate (DNR) form and provide consent to hospice care.
- A resident of the North Shore Health Network (NSHN) catchment area (Spragge to Echo Bay).

Referral Process

To be referred to the Hospice Suite, you or your health care provider may contact the **Home and Community Care (HCC) at 1-800-668-7705.** They will then arrange to complete a Palliative Care Assessment to determine your eligibility.

Volunteers

Contact Us

North Shore
Health Network



Réseau Santé
Rive Nord

How Can I Help?

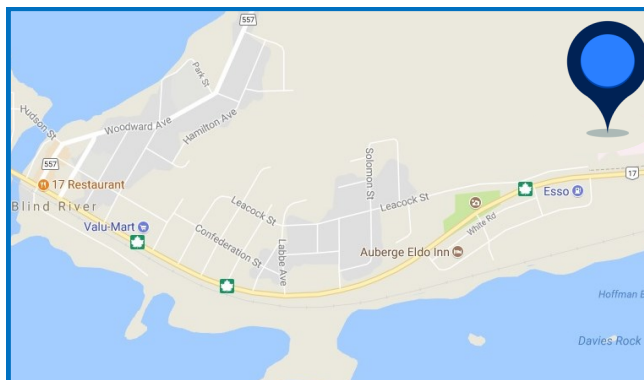
Volunteers play a key role in the Hospice and Palliative Care Program by supporting clients and their families. Volunteers are able to offer comfort measures in the client's home, in Long Term Care or in the Hospice Suite to meet the client's needs.

Comfort measures can include:

- Providing a calming presence during respite care, reading a book, playing cards, etc.
- Facilitating spiritual discussions.
- Playing a musical instrument or singing the client's favourite songs.
- Providing playful or restful time with a registered therapy pet (Magical Paws).
- Or simply listening to the client and their family while they grieve.

Volunteers can also provide administrative support to the Program, such as Palliative Care public speaking, fundraising, recruiting volunteers, etc.

Regardless of previous experience, all of our volunteers are required to participate in a 30 hour training program developed by Hospice Palliative Care Ontario (HPCO). The training ensures all volunteers have the knowledge and skills required to support our clients.



North Shore
Health Network



Réseau Santé
Rive Nord

Contact us to learn more about the Hospice and Palliative Care Program or to join our team of volunteers:

North Shore Health Network Blind River Site

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Supported by:



Hospice and Palliative Care Program

