

Meals on Wheels

**Hot Meals**

- Western or Chinese Cuisine Available.....\$7.50
  - Each hot meal consists of soup, entrée and dessert

**Frozen Meal Delivery**

- Package of 5 entrées with 5 soups or desserts.....\$37.00
- Package of 7 entrées only .....\$37.75
- Individual Items
  - Frozen entrée.....\$5.70
  - Frozen Soup/Dessert/Breakfast Item.....\$2.10

In-Home Services

**Personal Support Worker Services**

- Respite Care..... \$25.00
- Medical escort/accompaniment.....\$20.00

**In-Home Cleaning**

- Quality Home Cleaning (Minimum 3 hour service).....\$23.00
- Home Help Cleaning (Minimum 2 hour service)..... \$20.00

Transportation & Outdoor Maintenance

**Roundtrip Group Shopping Trips**

- 4-7 passengers per trip..... \$9.00

**Grocery Shopping with List**

- Cash only service, Maximum 12 items.....\$16.00

**Medical Appointments**

- One-way trip within Scarborough .....\$9.00
- Roundtrip within Scarborough.....\$16.00
- Roundtrip North York/East York/Markham.....\$28.00

**Grass Cutting, Leaves Raking & Snow Removal**

- Additional fees may apply due to heavy snow or overgrown grass.....\$22.00  
per hour

Recreational Activities

**Community Dining**

- 3 hour program (activities and hot lunch only) ..... \$12.00
- 3 hour program (activities, hot lunch, with roundtrip transportation)..... \$22.00

**Adult Day Program**

- 5 hour program (activities and hot lunch only) ..... \$23.00
- 5 hour program (activities, hot lunch, with roundtrip transportation)..... \$35.00